

## USE OF SUNSCREENS PROCEDURES

### Burton Leonard Church of England (VC) Primary School

#### General Statement

We believe in promoting Sun Safety to ensure that children and staff are protected from skin damage caused by the harmful ultra-violet rays in sunlight.

As part of our procedures we will:

- Educate children throughout the curriculum about the causes of skin cancer and how to protect their skin;
- Encourage children to wear clothes that provide good sun protection, and use sunscreens where appropriate;
- Seek shade, particularly in the middle of the day and to use shady areas during breaks, lunchtimes, sports and trips;
- Encourage staff and parents to act as good role models by practising sun safety;
- Regularly remind children, staff and parents about sun safety through newsletters, posters and activities for children;
- Drink plenty of water during hot, sunny weather;
- Make sure the Use of Sun Screens Procedure is working;
- We will regularly monitor our curriculum, assess shade provision, and review the sun safety behaviour of children and staff (use of hats, shade, etc.).

#### Procedures

We wish to encourage children to protect themselves from the sun. One way of doing this is to use sunscreen at the appropriate time. We recommend the application of eight hour protection at home before coming to school to protect the children all day long.

<b>Signed:</b>	 Amanda Townson Headteacher
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<b>Date:</b>	25.10.17
<b>Review Date:</b>	25.10.18

## Appendix 1

Dear Parent

### Sun Safety on Site

We are concerned about protecting staff and children from sunburn and from skin damage that can be caused by the harmful ultra-violet rays in sunlight. Skin cancer is the most common form of cancer in the country. As sunburn and almost all skin cancers are caused by the sun, it is possible to prevent this happening. We believe that by encouraging sun safe behaviour on site and teaching children about the risks of sunlight, we can prevent them burning and contribute towards preventing skin cancer.

We would like your help and support in this matter. We will be encouraging children to avoid sunburn and overexposure to the sun by:

- **seeking the shade, particularly during the middle of the day**
- **wearing suitable hats**
- **wearing clothing that protects the skin, particularly for outdoor activities and trips**
- **using a high factor sunscreen (SPF 15+).**

Staff will be encouraged to set an example. Some children are at greater risk of sunburn than others. Fair skinned, freckled children who burn easily are most at risk from overexposure to the sun and need to take great care when out in the sun. Brown skinned children have a much lower risk of sunburn but still need to take care and protect themselves in stronger sunlight. Black skinned children hardly ever burn and have a very low risk of skin cancer. Those with brown or black skin do not normally need to use sunscreen in the UK but should avoid overexposure to the sun to prevent dehydration and overheating. Staff on outdoor duties or in charge of outings will remind those most at risk of burning to cover up in the sun and use sunscreen.

You can help by encouraging your child to bring, and wear, a hat, particularly on sports days and trips and visits. Also by encouraging your child to wear longer sleeved shirts and longer shorts when outdoors. We will remind parents of the sun safety policy from time to time, particularly around the start of the summer term, sports days, and outings.

Sunscreens provide added protection and may be useful when other measures are not available. Dermatologists recommend that a sunscreen with a high sun protection factor (SPF).

We encourage parents to provide sunscreen for this purpose. We also wish to encourage children to protect themselves from the sun. Application of eight hour protection sun cream prior to coming to school is recommended.

I would ask that you complete the attached form so that we have a record of your support for the sun safety procedure and your wishes with regard to sunscreen use by your child/ren.

Yours sincerely

Amanda Townson

Headteacher

## Appendix 2

### Parental Consent Form

Burton Leonard Church of England (VC) Primary School wishes to encourage children to protect themselves from the sun. One way of doing this is to apply eight hour protection sun cream at home prior to coming to school.

#### CHILD'S DETAILS

Surname:

Forename(s):

Address:

M/F Date of Birth:

Class/form:

Please tick:

I have read and support the Use of Sunscreens Procedure.

I will ensure my child uses eight hour protection sun cream prior to coming to school

Signature	Date
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