

	08/01/18 29/01/18 26/02/18 19/03/18	15/01/18 05/02/18 05/03/18 26/03/18	22/01/18 19/02/18 12/03/18
	Week 1	Week 2	Week 3
Monday	Organic Beef burger in a homemade bun Peas & Sweetcorn Chips Chewy Oat and seed bar Fresh fruit or yoghurt	Chicken Korma and rice Green beans and carrots Naan bread Rhubarb and apple crumble custard Fruit or Yoghurt	Cheese and tomato pizza Veg sticks and fruity pasta salad Potato wedge Grannies Crunch and ¼ orange Fruit Or Yoghurt
Tuesday	Bangers & Mash with onion gravy Medley of vegetables Sliced wholemeal baguette Carrot cake muffin Fruit or Yoghurt	Shepherd's pie Broccoli and sweetcorn Gravy Treacle sponge and custard Fruit Or Yoghurt	Macaroni cheese with bacon bits Broccoli and Sweetcorn Garlic bread Apple strudel and custard Fruit or Yoghurt
Wednesday	Roast chicken with stuffing and gravy Carrots and cabbage Roast potatoes Sliced wholemeal bread Rice pudding and mandarins Fruit or Yoghurt	Roast Pork , apple sauce and gravy Creamed potatoes Savoy cabbage and Swede Herbie bread Digestive biscuit cheese and grapes Fruit or Yoghurt	Mince beef and Yorkshire puddings Medley of vegetables Mash potato Date,oat and ginger cookies With milk Fruit or Yoghurt
Thursday	Savoury mince beef Peas and sweetcorn Parsley potatoes Fresh bread Chocolate pear fudge pudding and chocolate sauce Fruit or yoghurt	Pasta Bolognese Peas and carrots Tomato bread Orange brownie and custard Fruit or Yoghurt	Chicken Stir fry with noodles Cauliflower and roast carrots Crusty wholemeal baguette Lemon drizzle cake and custard Fruit or Yoghurt
Friday	Fish fingers Tomato sauce Carrot and apple salad sticks Diced potatoes Pitta bread Forest fruits flapjack Fruit or Yoghurt	Breaded salmon nuggets Tomato sauce Broccoli and Sweetcorn Sauté potatoes Oaty brown bread Shortbread fingers and yoghurt Fruit or Yoghurt	Battered Fish Peas Coleslaw Chips Sliced wholemeal bread Raspberry bun with apple wedge Fruit or Yoghurt

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